



PASADENA ROTARY CLUB
ROTARY INTERNATIONAL

SPOKES NEWSLETTER

DISTRICT 5300 * Rotary Club 794 * February 21st, 2020 * #616
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This Week's Program

SPEAKER:

JAN SANDERS

***"SO YOU WANT TO BE A STAR . . . creating content and telling your
story on community TV"***

Introducer: Diana Peterson–More



Celebrating 100 years since women achieved the right to vote, Jan was asked by Pasadena Media President, George Falardeau to develop a series depicting the evolution of women from "bustles to the board room." It is the experience of developing the content for this series that Jan will address at Wednesday's meeting."

Jan Sanders was Director of Libraries and Information Services for the City of Pasadena for 12 years, retiring in August, 2016. She was involved in libraries for more than 40 years, serving as children's librarian, bookmobile librarian, branch manager, community college librarian, and library construction supervisor before becoming a director in 1990.

Because she believed a librarian is first and foremost accountable to the community she serves, Jan was active in a number of community organizations. She was a board member and committee chair for Pasadena Rotary Club, a member of the Vestry at All Saints Episcopal Church, and a past member of the board for Leadership Pasadena. She is on the board of the Pasadena Museum of History and the Pasadena: City of Learning Committee and Mayor's committee. Jan also served as an advisory board member for the library science programs at both the Pasadena City College (PCC) and the University of Southern California (USC).

She continues her community involvement even in retirement, although she saves time for her daily water aerobics class—something she didn't have time for when she was working! Her interests are with Union Station of Pasadena, All Saints Church, Pasadena Rotary Club (especially the Rotary Readers book club), the League of Women Voters—Pasadena Area and a variety of other organizations. And, of course, she reads extensively and constantly—another pleasure she couldn't fully realize while working (she just ran out of ample hours in the day!). She currently serves on the Advisory Board for Pasadena Media.

She also has the supreme fortune to live in a home next door to her daughter and son-in-law and the "amazing Miss Maisie", her incredible granddaughter. Jan continues to be a flexible, visionary leader and is excited about the possibilities open for for all of us.

Song Leader: Phil Miles Accompaniment: Ross Jutsum

Inspiration: Debbie Unruh

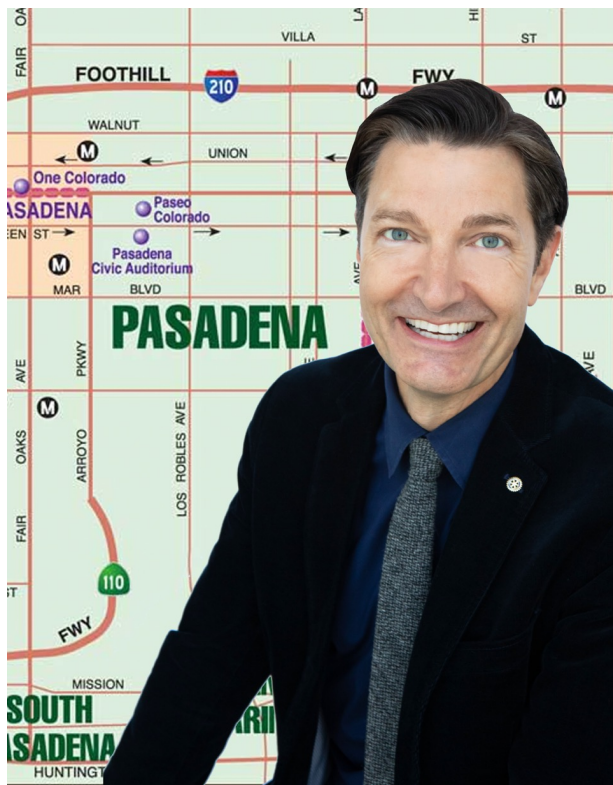
Sergeant-at-Arms: Robert Lyons

Meeting Greeters: Scott Carlson & Cyril Vergis

Meeting Photographer: Nate Bradley



by President Scott Vandrick



One of the things that I love about being a Pasadena Rotarian is the up-to-date information I get each and every Wednesday; this insider's glimpse into what makes our City buzz and pop as the world class metropolis it is.

Hearing Dr. Mark Schuster's presentation of the new Kaiser Permanente Medical School on Green Street (opening in July 2020), I had a flash how beneficial it is each Wednesday to gather with engaged community leaders to learn what's new and upcoming in our region. I salute **Leah Snell** and **George Falardeau**, Co-Chairs of the Program Committee, and all of those committee members who make our weekly programs seem effortless. I see the amazing work there, and I'm impressed and inspired.

Pasadena Rotary Club is zipping with activity as we stroll through this Fool's Spring with members of Community Grants, 4-Way Test Speech Contest, Read Across America, Dan Stover, RYLA, International Projects, Teachers of Excellence, Courageous Citizens and Demotion all working toward the completion of their annual goals. Cheering from the sidelines, the "Rotary wheel" and its symbolism comes into sharper focus. It takes all of us, our commitment of time and talent, to make positive things happen in our community – all with a sense of fun and fellowship. Now that's Rotary!

On the other hand, Pasadena Rotary, we have some work to do to **WIN THOSE VALUABLE**

CENTENNIAL PRIZES. Each of you has the chance to win a one-of-a-kind Centennial kitchen apron, latte mug, water glass, reusable shopping bag, coffee mug or puzzle each and every week as I pull two names from the *Bowl of Friendship*. How do I win, you ask? If your name is called, like **Frank Nicholas, Bob Risley, Marshall Fuss and Mary Chalon** in the last weeks, you either:

1) Show that you're wearing your Centennial Pin with pride (see **Wendy Anderson** at the registration table if you need another pin); OR

2) Answer a very simple question about my *Connection Corner* (this encourages you to read this column which I work hard on every week... come on double-digit readership!)

So far, we're 3 for 4 – 4 names have been called and 3 members did not have their Centennial pin on and/or did not know the answer to a simple question about this very column. One member had insider information from the audience, but I let it slide. Even if you aren't wearing your pin or know the answer to the trivia question, you'll still get the valuable prize but only after you make a meaningful gift to the Polio Pig to support polio eradication.

Oh, before I go, I want to remind you again about our upcoming Pasadena Rotary Club Centennial Birthday coming up on Wednesday, March 18, 2020. You won't want to miss a luncheon filled with surprises and prizes! I've engaged a popular game show host for the festivities and an award-winning acting troupe from Ibiza– fabulous.

Yours in service,



President Scott, 2019–2020



Under the leadership of President **Joe Longergan**, Pasadena Rotary began its "Teachers of Excellence Program in 1991. 2020 marks the program's 29th year.

1991

PRESIDENT'S PICK



THE OLDEST PROFESSION - THE LIFE

This is a tribute to a performer who can stop a show cold with her sheer talent. **Lillias White** is that performer. Her focused, clear interpretation of a song can make even the most off-putting subject matter (prostitution on 42nd Street in the mid-1980s, anyone?) engaging, sympathetic and winning. Here she is in her Tony Award winning role of Sonja, questioning her ability to continue in the world's oldest profession from 1997 Cy Coleman musical **The Life**.

[CLICK HERE FOR THE AMAZING LILLIAS WHITE IN "THE LIFE"!](#)

Scout Zone

*By Past President Mary Lou Byrne, Bureau Chief Emeritus
Meeting Photographer - Leah Snell*

We had a nice big crowd this week, and **Gary Kearney** kicked things off in fine style, leading us in You've Got a Friend in Me from the 1995 movie Toy Story, accompanied by **Don Andruess** on guitar and Past President **Mary Lou Byrne** on vocals.

Russ Guiney demonstrated why he's the head of the Inspiration Committee, delivering a quote from William Osler that was perfect for the day's program: "To study the phenomena of disease without books is to sail an uncharted sea, while to study books without the patient is not to go to sea at all."

Sergeant at Arms Robert Lyons

introduced our guests, who included several eminent visitors from the



...Kaiser Permanente School of Medicine, three people who read about the program in the local press and wandered in off the street, and guests of Jeff Palmer, Robert Lyons, Kathy Meagher, Anne Miskey, President Scott and Sandi Mejia. Centennial President Scott Vandrick reminded our guests that we are the largest service club in the San Gabriel Valley, and introduced our friend and fellow member Terry Tornek to the crowd



Don Andruess, Mary Lou Byrne & Gary Kearney



Lora Unger, Jennifer DeVoll, Phil Hawkey, Dr. Mark Schuster, President Scott, Maureen Connelly, Heidi Kato, Terry Tornek & Kevin Kenny at the Speaker's Table.

Department of Announcements Department:

Past President Kathy Meagher announced the voting procedure to select members at large for the Board of Directors Nominating Committee, which will select nominees for next year's Rotary Board. Kathy is the chair of the committee and members include **President Scott** and **Past Presidents Mary Lou Byrne, Shel Capeloto, and Phil Miles**, as well as **President Elect Ken Joe**. We all filled out our little slips of paper and **Robert Lyons** collected them. Spoiler Alert: At the end of the meeting **Kathy** announced that the members at large will be **Mary Chalon, Joshua Levine-Grater, and Dean Billman**.

Robert Lyons reminded everyone that Read Across America takes place February 28 through March 6. Be sure and sign up to read some Dr. Seuss to our local elementary school children!

Next up, it was time for the Bowl of Friendship. **Mary Chalon** modeled the first valuable prize: A Pasadena Rotary Centennial apron! **Centennial President Scott** drew a name from the bowl and **Marshall Fuss** was the first one on the spot. He wasn't wearing his Centennial pin but he won the prize anyway when he promised to make a donation to polio eradication. The second valuable prize, also displayed by **Mary**, was a set of delightful branded water glasses. **President Scott** reached into the Bowl of Friendship and announced excitedly, "**Mary, it's you!**" Alas, **Mary** didn't know the answer to the question from last week's Connection Corner but she got to keep the glasses anyway by making a donation.

(Ed. note: Your reporter was wearing her Centennial pin and also knew the answer to the question. Just sayin'.)



Christian Port's answer brings a chuckle to President Scott

This week's subject for Take Five With the President was **Christian Port**, Senior Manager of Business Development for Planned Parenthood of Pasadena and the San Gabriel Valley. He is a California native who grew up in Los Angeles, graduated from U.C. Santa Barbara, and got his Master's in Public Administration from USC. He describes himself as an "elder millennial – I'm a child of the 90s who was born in the mid-80s with a little bit of Gen X."

Centennial President Scott gave **Christian** these questions:

Q: What is your favorite activity on vacation:

A: 1. Sleeping. 2. Anything

outdoors. Last year it was whitewater rafting in the Grand Canyon and this year I will climb Mt. Shasta.

Q: What did you want to be when you were a kid, and what changed your mind?

A: 1. Disney Prince, didn't work out because I didn't like princesses! 2. President of the U.S. – I wouldn't wish that on anyone!

Q: What do you consider your purpose or calling in life?

A: Giving back to the community. I am very involved in mission-driven community organizations related to health care and LGBT issues.

Q: What are two things you are very good at?

A: 1. Standing up for my beliefs, 2. Throwing parties and events (Bonus: Explaining what an "elder millennial" is.)

Q: Who was your favorite musical group in high school?

A: I like the old stuff, so Beatles and Stones.

After **Christian** took his seat to cheers from the Baby Boomer Beatles and Stones fans, **Phil Hawkey** introduced our speaker. [Mark A. Schuster, MD PhD](#), is the founding Dean and CEO of the new [Kaiser Permanente Bernard J. Tyson School of Medicine](#), which welcomes its first class this fall.

Mark began by noting "Pasadena has been phenomenally welcoming to our school from the mayor on down, so thank you very much!"

"Why is Kaiser Permanente (KP) starting a medical school?" he asked rhetorically. He gave several



asked rhetorically. He gave several of the important reasons:

- KP has a long history of involvement with medical education, including medical residencies starting in 1985
- A strong desire to contribute to improving medical education: Currently there is a feeling that the system needs to be fixed, said Mark, "and we want to help"
- Health leaders already visit KP to learn about its model and operations, and this is a way to formalize that
- California is 43rd in per capita medical school spots, which means our state is a net exporter of medical students. "Our school is a national school," said Mark, "but we hope to help meet the big need in California."



Speaker Dr. Mark Schuster, MD, PhD

From there, he went on to discussing some current issues in medical education that KP hopes to address:

- Students are disengaged from classes – they don't show up or don't pay attention
- There is fragmentation between basic science education vs clinical education, so that students don't see how they are connected
- Students have limited learning about healthcare systems and socioeconomic issues including gender, race, finances, and environment
- Often students' medical knowledge is outdated by the time they graduate – KP aims to create lifelong learners
- There is a lack of diversity among medical students. Most shockingly, there are only a few hundred black men out of 20,000 incoming medical students each year
- Cost of medical school: Median debt at graduation is \$200,000 and can range up to \$400,000. This can limit students' options upon graduation and hurts primary care because it's not as highly paid.
- Burnout and depression are problems among medical students as well as practicing physicians

Next Mark described the KP School of Medicine:

- The classrooms are at [98 S. Los Robles](#) in Pasadena
- Students will work at clinical settings throughout Southern California and the U.S.
- There will be 48 students per class, which is on the small side so the faculty can know everyone's name
- The school will support students exploring any field they want, not just primary care
- Graduates will practice in diverse care settings throughout the country. There is no requirement to stay in the Kaiser system. "But," said Mark, "we think they'll fall in love with Pasadena because who wouldn't?"

Mark discussed the leadership team, including Senior Associate Dean for Academic and Community Affairs Maureen Connelly, MD, MPH, saying "we recruited the most popular dean from Harvard Medical School, and she's here today!" as she beamed up at him from the Rotary head table. He said "we got our first choice for every spot," and noted that the

team is unusual for its [race and gender diversity](#). He shared that when the [Liason Committee on Medical Education \(LCME\)](#), the medical school accrediting body, visited recently the mayor was present and "we got a perfect score in that process!" That allowed the school to start recruitment with the help of favorable press including a [New York Times feature](#).

Mark showed a fabulous "[fly-through](#)" video of the new building, and narrated the amazing features such as:

- A two-story lobby with coffee bar, flexible classrooms, and atrium
- Simulations rooms including simulated operating rooms
- A stairway with removable seats that can serve as an auditorium
- Classrooms designed for classes of eight students and two teachers (one scientist and one clinician)
- A fourth floor mostly outdoors including real landscaping, a yoga garden and medication area, indoor-outdoor gym, and student-only lounge
- A teaching kitchen so students can learn how to prepare healthy food

What will be KP's approach to medical education:

- Small-group case-based team learning
- Integration of biomedical, clinical, and health systems science including socioeconomic factors. Students will be taught that they can make a difference in the health of their entire communities
- Anatomy without cadavers using simulation, plastination, and [augmented/virtual reality](#)
- Longitudinal Integrated Clerkships whereby students work with physicians and other health care workers in a team setting
- Service Learning and community engagement
- Help with well-being, coaching, and academic support. There will be psychologists on staff and required visits so students can get to know them when or if there is a crisis.
- "We want them to hold on to their idealism," said Mark.
- There will be joint degree programs at several institutions including an MD/PhD program with Caltech
- The school will use a holistic approach to admissions that takes into account life experience and "distance traveled" as well as academics
- Tuition will be waived for the first five classes and there will be need-based grants for living expenses

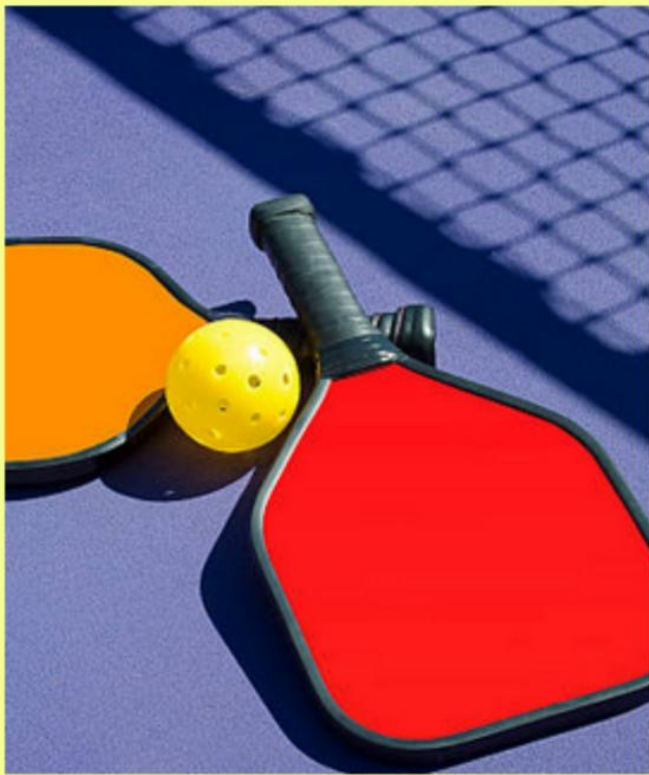
Mark ended with a [Far Side cartoon](#) and Jennifer DeVoll, Bill Opel, and Christle Balvin asked questions. President Scott presented the speaker's gift and everyone left feeling very proud of our city's newest educational institution.





Phil Hawkey, Dr. Mark Schuster & President Scott

Upcoming Events



PICKLEBALL FOR BEGINNERS

Sunday - 3/1/20

3:00pm - 5:00pm

Hoggs Hollow Pre-school
4490 Cornishon Ave., La Canada

COURT IS RESERVED
WITH AN INSTRUCTOR
EQUIPMENT IS PROVIDED

Social Committee
Co-chair Stephen Smith

SIGN UP at Wed Mtg.

DISTRICT 5300 ASSEMBLY & CONFERENCE

MAY 1 & MAY 2, 2020

WESTIN, PASADENA

ROTARY INTERNATIONAL FOUNDATION GALA DINNER

SATURDAY, MAY 2, 2020

WESTIN, PASADENA

PASADENA ROTARY CLUB WILL BE MAKING A **BIG ANNOUNCEMENT** THAT
EVENING – YOU WON'T WANT TO MISS IT! MARK YOUR CALENDARS TO JOIN US!

Happy Birthday To These Rotarians!

John Foulkes

February 24

Penn Patton

February 24

Rotaversary

Jim Meagher

2/27/13

7 years

Upcoming Programs

March 5

Don Hahn - *"Story by Disney" Producer of the The Lion King and Beauty and the Beast, the first animated film to be nominated for a Best Picture Oscar®*

March 11

Four Way Speech Contest

SPOKES is a weekly newsletter published by the Rotary Club of Pasadena.

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*Complimentary Valet Parking



See you on Wednesday!

Should you have questions regarding this publication, please call us at 626-683-8243 or 626-400-6750 or send us an email to office@pasadenarotary.com.

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